



## **FOR MORE INFORMATION PLEASE CONTACT**

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Maximum Freedom, Inc. (MFI) is an independent, non-profit educational organization whose mission is to empower teens to reach their maximum potential through risk avoidance and sexual health education. We serve more than 10,000 students/year in over 40 schools in the Greater Cincinnati area.

Our core values are to promote child/family well-being, advance public health and safety, and strengthen local communities. We do this by providing quality educational programming for students, parents, and adults in our communities.

### **STUDENTS**

Our dynamic, engaging middle school and high school programs:

- Empower students by equipping them with the knowledge and strategies for making healthy choices regarding sexual activity, other high risk behaviors and relationships
- Provide credible scientific information that influences behaviors and changes lives
- Consist of four 50 minute lessons. The lessons utilize a variety of creative teaching methods including role plays, interactive demonstrations, power point and small group activities
- Are funded in part by an Ohio Department of Health grant and are free to public schools. We are available to service Hamilton, Butler, Warren, Clermont, Clinton, and Brown counties

### **PARENTS**

Both through the student programs and parent programs that we offer, our goal is to enhance parent/child communication skills. Studies show parents are the number one factor in a child's sexual decision-making, and thus, MFI is committed to educating, equipping and empowering parents to discuss the challenging issues young people face in today's culture. MFI's 90 minute program:

- Perfect for school counselor parent events, church events, book groups, parent groups
- Provides increased knowledge of the medical and emotional risks of teen sex
- Strategies for being connected to youth culture and using the media as a springboard for dialog
- Creates confidence in parents in their ability to initiate meaningful discussions about teen sex and other risky behaviors
- Suggests numerous resources for additional help and information about teen sex and healthy relationships

### **PARTNER WITH US**

Our vision - For students to choose to leave the door open to their best possible future where they can reach all of their goals – a future of MAXIMUM FREEDOM. There are a variety of ways to support the vision and mission of Maximum Freedom, Inc. We would love to hear from you!